

# Healthy Babies

PRENATAL CARE | MENTAL HEALTH SERVICES | DOULA SERVICES | LACTATION SUPPORT



## Prenatal Care

Healthy Babies (prenatal care) provides financial assistance to uninsured and underinsured pregnant women in Monroe County for prenatal medical care. We work in partnership with local OB/GYN's to provide these services.

## Mental Health Services

We also work in partnership with local mental health practitioners to address perinatal mood anxiety disorders (PMAD), formerly known as postpartum depression. Practitioners also address miscarriage and fetal/child loss. We have mental health professionals and trained staff on our team throughout the Keys providing individual and group counseling services for families in need of support.

## Programs in Development

- DOULA SERVICES
  - Labor and Postpartum
- LACTATION SUPPORT
  - Individual as well as in group through Nurture Your Newborn
  - Support from CLCs as well as IBCLCs



For more information about our Healthy Babies prenatal or mental health programs, please contact us:

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305-293-8424

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The Florida Keys Healthy Start Coalition unites people and resources to improve the health and well-being of pregnant women, children, and their families in Monroe County.